

ErecAid™ vacuum therapy

Rehabilitation following radical prostatectomy and erectile dysfunction in general



manual pump



tension ring



special tension ring

All benefits at a glance:

- Simple and cost-effective treatment for erectile dysfunction
- Particularly suitable for rehabilitation following radical prostatectomy
- Daily, manual corpus cavernosum circulation training (physiotherapy)
- Supports and stabilises the anatomy of the penis (counteracts fibrosis and atrophy)
- No unpleasant side effects
- Anatomically contoured tension ring available in different sizes and materials
- Set of individual components available

Important Information:

- You should start ErecAid™ vacuum therapy with a loose fit, putting as little pressure on yourself as possible. Patience and an active lifestyle should be your primary concern.
- In the first three weeks, we recommend using a training unit for five minutes a day, practising simulating an erection without the tension ring. You should wait 10-15 seconds between pumps to prevent the possibility of causing bruising.
- Continue to use the five-minute training unit for up to three months, after which point you can use it every other day, allowing you to stabilise and improve the results you have already achieved.
- In order to find the right-sized tension ring for you, always begin with the largest diameter (22 mm). If this is enough for you to achieve the desired results, you can stick with that one. You can also try rings of different hardness. If the size is not a good fit, try the next smallest size (19 mm).
(Sizes: 22 mm; pink = hard, beige = soft, anthracite = extra soft; 19 mm; pink = hard, beige = soft, anthracite = extra soft)

If you have not found a suitable ring, special rings are available (see image in the top right-hand corner). These are simply placed on the cylinder like a lid.

- You can also use ErecAid™ whilst taking medication. Many patients report that they achieve good results through regular training with ErecAid™ and taking the lowest possible dose of PDE5 inhibitors. They also claim that they have noticed positive changes with regard to their erection and anatomy of their penis.