

# SurErec tension ring

## The SurErec tension ring can be used successfully with the Osbon ErecAid™ vacuum therapy system

The SurErec ring is available in four different sizes:

- 4 = 16 mm hole diameter
- 5 = 17 mm
- 6 = 18 mm
- 7 = 19 mm

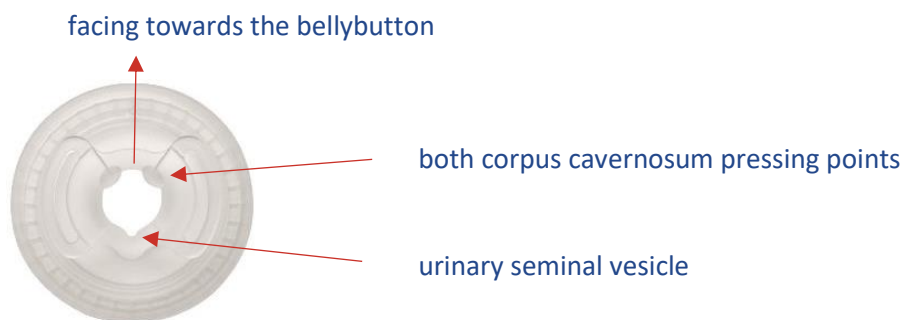
The ring number is visible on the outside edge of the ring.

You can find out which ring is right for you with a few tests. Always begin with the largest ring (size 7). If this gives you a satisfactory erection, we recommend sticking with this size. If not, continue testing with the next-smallest size. It is important that you develop an erection with minimal pressure; there should not be any “pinching”.

## Application

### 1. Put the ring on the cylinder

The ring is placed on the cylinder with the shiny surface facing the outside. It is important that both corpus cavernosum pressing points are facing towards the bellybutton.



### 2. Lubricate the penis and ring with Lubricant Personal Gel

Lubricate the passage of the ring and the penis, including the testicles, with enough lubricant.

### **3. Fix the cylinder and vacuum pump together and position the penis**

If the SurErec ring is positioned correctly, you should be able to see the imprint at the top of the cylinder. Place the penis right at the entrance to the cylinder.

### **4. Create a vacuum inside the cylinder**

Now start to pump, ensuring that the penis can slip through the ring into the cylinder without pressure. You need to wait 10-25 seconds between each individual pump to ensure optimal blood flow in the corpus cavernosum. To achieve an optimal erection, you can release the vacuum a little between pumps by pressing the green button and then continue to pump. Only pump until you have achieved your desired erection. With a bit of practice, you will soon discover what the “right erection” for you feels like. A penis that is too “hard” will impair sexual intercourse (less feeling, excessive pressure, etc.).

### **5. Remove the cylinder from the ring**

As soon as the desired erection has been achieved (normally the penis will withdraw from the cylinder), you can press the green button once again and remove the cylinder. You may want to lubricate the woman’s vagina with Lubricant Personal Gel.

### **6. Remove the ring from the penis following sexual intercourse, or no later than 30 minutes after application**

Lubricate the penis once again with lubricant after sexual intercourse to make it easier to remove the ring. Pull the ring apart using the ring handles to enable the penis to begin to go flaccid, then remove the ring with care.

It is important that you observe a recovery period of at least 60 minutes before engaging in sexual intercourse again.

### **7. Cleaning**

Please clean the ring with warm water and liquid soap only.